

Our Courses

ZERO TO **SUPERHERO**



E-magination
TRAINING

LET'S **CHOOSE** THE **RIGHT COURSE**

For me, my colleagues,
my venue, your venue?

HSE? EFR? Ofsted? Paediatric?
First Aid at Work?

Health and Safety (First Aid) Regulations require that employers enable their employees to receive first aid should they become injured or ill at work.

Every employer should carry out a First Aid needs' analysis and review this annually. All staff must be aware of the arrangements and provisions.

If you are unsure as to which first aid course you or your team need then take a look at pages 3 and 4.



LET'S LOOK A LITTLE CLOSER AT **HELPING YOU** TO **CHOOSE**



- + If working in a childcare environment i.e. Early Years, then you may need to complete either a Paediatric First Aid course or Primary Care for Schools First Aid course. However, all of our first aid courses cover the basics in childcare first aid.
- + If you are needing a workplace first aid course in line with HSE recommendations, then you should check out the First Aid at Work or Emergency First Aid at Work course and don't forget that all of our first aid courses cover defibrillator training too!
- + How many first aiders will you need? Will you have appropriate cover for staff days off? Do you have to adhere to Ofsted or HSE or both or another inspecting authority? Take a look at our next page to see what is covered in which course.

If you are still unsure then feel free to give us a call for a no obligation chat about what is best for your training needs on 020 3290 9014

THE BASICS OF WHAT IS COVERED

IN WHICH COURSE

	Emergency Actions	Getting help effectively	Adult basic life support (CPR)	Child & Baby basic life support (CPR)	Hygiene	Neck & Back injuries	Breathing problems	Choking adult	Choking baby & child	Using a Defib (AED)	Asthma	Panic Attack	Drowning	Smoke / fume inhalation	Anaphylaxis	Unconsciousness & seizures	Recovery position	Multiple casualty incidents	Heart attacks & angina	Shock & fainting	Hypovolaemic shock	Electric shock	Minor wounds	Major wounds & amputations	Crushing injuries	Burns	Bones, muscles & joints	Concussion & compression	Strokes	Minor & major seizures	Febrile convulsions	Sudden poisoning	Diabetes	Effects of temperature	First aid kits	Accident reporting	Croup, sickle cell, insect stings & bites	Meningitis	
First Aid at Work p6	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
First Aid at work Requalification p7	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Emergency First Aid at Work p8	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Paediatric First Aid p9	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Emergency Paediatric First Aid p10	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Primary Care for schools – First Aid p11	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
EFR Primary and Secondary Care p12	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
EFR CPR & AED p13	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Annual First Aid Skills Update p14	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
EFR First Aid Instructor p15	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

YOUR VENUE OR OURS?

Your venue

We shall deliver your chosen course for up to 12 candidates at your venue.

- + Amazing value for money and delivered in a suitable venue that works around your needs.
- + No travelling or travel costs, and all times and dates can be tailored to suit you.

Our venue

Sometimes you don't have enough candidates to warrant running a full course at your own venue, so come and visit us at ours where you shall receive a superheros' welcome!

Take advantage of our free annual refresher course delivered at our own venue, meeting the needs of the HSE.

For our latest availability and offers visit www.emtrg.co.uk or give us a call on **020 3290 9014**.

HOW IMPORTANT IS CPR?

If someone suffers from a sudden cardiac arrest (SCA) out of hospital, they have a less than one in ten chance of survival. Learning how to deliver CPR to save someones life can take between thirty minutes and an hour - such little time can make the difference between saving a life and not. There are approximately 30,000 SCA's that occur every year in the UK out of hospital, with the survival rate jumping from 6% to 74% if CPR is delivered in the first three to five minutes, it is clear to see how much of a difference it can make. With this being said, knowledge about CPR has become much more widespread in the media with various campaigns being launched across a number of charities. Due to this, as many as 5,000 lives a year can be saved with over three million people learning vital CPR skills in the UK in the past five years alone. The importance of CPR should never be overrated, with this the more people that learn how to deliver it, the better.

FIRST AID AT WORK

Three day course



Health & Safety Executive Compliant

The First Aid at Work course is classed as the premium first aid course in the UK. Nationally recognised and packed to the rafters with information, role plays, session content, fun, realistic scenarios and candidate practise; this course will have you ready for anything life throws your way!



Suitable for

Need to receive the most thorough training? If you have answered “yes” then this is the course for you! This course is designed for those in high risk and large working environments. You should be looking to complete this course especially if you have 50+ employees.

You will need to complete this course if you are thinking about becoming a first aid instructor.

The online section of this course must be completed before attending the face-to-face training.



What's covered

- + Dealing with Emergencies
- + Adult, Child and Baby CPR
- + Adult, Child and Baby Choking
- + How to use a Defibrillator (AED)
- + Shock, Bleeding & Spinal Injuries
- + Allergic Reactions and Asthma
- + Recovery Position
- + Bone, Muscle and Joint Injuries
- + Burns and Scalds
- + Heart Attack, Angina and Strokes
- + Casualty Care
- + Head Injuries
- + And much, much more



Need to know

- + This course is HSE Compliant
- + Candidate will receive a certificate valid for 3 years
- + Delivered as a blended course saving you time and money
- + Accreditation is with Emergency First Response.
- + You can progress to an EFR First Aid Instructor with this qualification

Your
venue
or
Our
venue



“Exceptional - I have used this company for many years for my training requirements and they never failed to impress me with their service and professionalism. The website is easy to navigate and any enquires are dealt with at great speed. Nothing is too much trouble. I highly recommend this company all the time to others and will continue to do so. Great job you're doing guys”.

- Jane Bond-Roberts / The Barn Pre School Manager.

★ Trustpilot



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FIRST AID AT WORK REQUALIFICATION

Two day course



Health & Safety Executive Compliant

After completing the First Aid at Work qualification you will need to think about requalification within 3 years. This course will fast track you through the full course over two days keeping you up to date, including lots of practical scenarios re-boosting your confidence along the way.



Suitable for

Need to receive the most thorough training? If you have answered “yes” then this is the course for you! We would love to welcome you back or for the first time using our company.

You will need to complete this course if you are thinking about becoming a first aid instructor.

The online section of this course must be completed before attending the face-to-face training.



What's covered

- + Dealing with Emergencies
- + Adult, Child and Baby CPR
- + Adult, Child and Baby Choking
- + How to use a Defibrillator (AED)
- + Shock, Bleeding & Spinal Injuries
- + Allergic Reactions and Asthma
- + Recovery Position
- + Bone, Muscle and Joint Injuries
- + Burns and Scalds
- + Heart Attack, Angina and Strokes
- + Casualty Care
- + Head injuries
- + And much, much more



Need to know


- + This course is HSE compliant
- + Delegates receive our FREE Primary and Secondary Care Manual and FREE First Aid at Work Manual
- + Each candidate will receive a certificate valid for 3 years
- + Delivered as a Blended course saving you time and money
- + Accreditation is with Emergency First Response.
- + Progress to an EFR First Aid Instructor with this qualification

Your venue or Our venue



“As a long time customer I am very impressed with the face to face training we’ve received over the years, and the online courses are very convenient and competitively priced. Support has always been swift and effective”.

Matt Casey, Manager Spectrum Afterschool Club

 **Trustpilot**



Contact us today for further information and check our availability

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EMERGENCY FIRST AID AT WORK

One day course



Health & Safety Executive Compliant

The most booked course in our armoury! This one day actioned packed course is non-stop, full of everything you need to know in one day about first aid. If you need a one day first aid course that covers more than we can list (although we shall) then this is the one. Perfect for work, home and every day situations.



Suitable for

The “mini” First Aid at Work course but with a turbo engine and only 6 hours to deliver it!

As our most popular course you will learn everything you need to know (and a little more) to become an Emergency First Aider in your workplace. Although aimed at anyone, this course will ideally suit fitness instructors, sports coaches and those in small businesses of less than 25 employees.



What's covered

- + Dealing with Emergencies
- + Adult, Child and Baby CPR
- + Adult, Child and Baby Choking
- + How to use a Defibrillator (AED)
- + Shock, Bleeding & Spinal Injuries
- + Allergic Reactions and Asthma
- + Recovery Position
- + Burns and Minor Injuries
- + Casualty Care
- + Head Injuries & Seizures
- + And much, much more



Need to know

- + This course is HSE compliant
- + Delegates receive our FREE Primary and Secondary Care Manual
- + Each candidate will receive a certificate valid for 3 years
- + Accreditation is with Emergency First Response.
- + Progress to the Full First Aid at Work qualification

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“Very clear and well presented. Was easy to digest and learn new information”.
Will Padfield / Primary School Teacher.

★ Trustpilot



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PAEDIATRIC FIRST AID

Two day course
Blended



Ofsted & EYFS Compliant

This could be one of our most fun and sort after courses, most popular of course with those working directly with children as well as parents and carers. This course complies with the Early Years Foundation Stage Statutory Framework and is packed full of practise, Q&A's, roleplays and examples. An in-depth course covering everything needed from childhood illnesses to conditions and accidents. Everything is covered for babies, children and big kids too.



Suitable for

The Paediatric Course is one of the most in-depth courses around aimed, at those working in Childcare / Early Years settings, ideal for:

- + Nurseries
- + Pre Schools
- + Nannies / Au Pairs
- + Primary Schools
- + Parents and Carers / Foster Carers

The online section of this course must be completed before attending the face-to-face training.



What's covered

- + Dealing with Emergencies
- + Child, Baby & Adult CPR
- + Adult, Baby & Adult Choking
- + How to use a Defibrillator (AED)
- + Shock, Electrical Shock and Anaphylaxis
- + Asthma and Panic Attacks
- + Recovery Position
- + Bone, Muscle and Joint Injuries
- + Burns and Scalds
- + Seizures/Fitting and Diabetes
- + Casualty Care
- + Meningitis, Croup and Sickle Cell
- + And much, much more



Need to know

- + This course is Ofsted & EYFS compliant
- + Delegates receive our FREE Primary and Secondary Care Manual
- + Each candidate will receive a Paediatric First Aid (Care for Children) certificate valid for 3 years
- + Delivered as a Blended course saving you time and money
- + Accreditation is with Emergency First Response.
- + Progress to a Full First Aid at Work course or EFR Instructor with this qualification

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"Very well presented and informative course".
Gilly Harland /Head Teacher Hilltop Primary School

★ Trustpilot



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EMERGENCY PAEDIATRIC FIRST AID

One day course



Health & Safety Executive Compliant

The Emergency Paediatric First Aid course is the first day of the full Paediatric First Aid course which covers the Primary Survey and Serious/minor injuries.



Suitable for

This course will ideally suit those assisting in childcare that do not need a full two day Paediatric First Aid course. Ideal for

- + Breakfast club staff,
- + Lunch time supervisors,
- + Afterschool club staff,
- + Holiday club staff and
- + Parents and carers.

You should check with Ofsted and the EYFS Statutory Framework to ensure this 6 hour/one day course will cover your requirements.



What's covered

- + Dealing with Emergencies
- + Child, Baby & Adult CPR
- + Adult, Baby & Adult Choking
- + How to use a Defibrillator (AED)
- + Anaphylaxis
- + Asthma
- + Recovery Position
- + Minor Injuries
- + Seizures & Fitting
- + Casualty Care
- + And much, much more



Need to know

- + This course is HSE compliant
- + Delegates receive our FREE Primary and Secondary Care Manual
- + Each candidate will receive an Emergency Paediatric First Aid certificate valid for 3 years

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"This course worked perfectly with my breakfast club, lunch time supervisors and afterschool club teams whom found it very inclusive, fast paced and full of new facts".

– Janet Craverdale / Holiday School Clubs, UK

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PRIMARY CARE FOR SCHOOLS - FIRST AID

One day course



Health & Safety Executive Compliant

A great course for Primary Schools that will prepare your team for working around a school environment should an emergency arise.



Suitable for

This course is suited for primary school staff and covers all the basics you need to deal with a first aid Emergency.

- + Primary School staff
- + Parents and Carers / Foster Carers

Settings that need to comply with the Early Years Foundation Stage Framework should assess their needs and should consider the full 2 day Paediatric First Aid Course.



What's covered

- + Dealing with Emergencies
- + Child, Baby & Adult CPR
- + Adult, Baby & Adult Choking
- + How to use a Defibrillator (AED)
- + Anaphylaxis & Asthma
- + Recovery Position
- + Minor Injuries
- + Seizures & Fitting
- + Casualty Care



Need to know

- + This course is HSE compliant
- + Delegates receive our FREE Primary and Secondary Care Manual
- + Each candidate will receive an EFR Primary Care for Schools Certificate valid for 3 years
- + Accreditation is with Emergency First Response

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"Our trainer really explained things in detail although at a fast pace. We shall definitely rebook!"
- Kerry Harding / Business Manager – Forest green PS

★ Trustpilot



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EFR PRIMARY AND SECONDARY CARE

One day course



PADI / EFR & HSE Compliant

Emergency First Response Primary Care (CPR) and Secondary Care (First Aid) teaches participants how to respond to life-threatening emergencies. This course focuses on primary care and secondary care through a combination of knowledge development, skill development and realistic scenario practice to make sure participants have the confidence in their ability to provide care when emergency situations arise.



Suitable for

This course is suited for anyone and is very similar to that of the Emergency First Aid at Work with a Blended element to cover the many extra units.

It would most likely suit:

- + Scuba Divers
- + Sports Coaches
- + Fitness Coaches

You will need to complete this course if you are thinking about becoming an EFR Instructor.

The online section of this course must be completed before attending the face-to-face training.



What's covered

Primary Care (CPR) and Secondary Care (First Aid). Emergency First Response Secondary Care (first aid) covers injuries or illnesses that are not immediately life threatening. Participants focus on secondary assessment and first aid through knowledge development, skill development and realistic scenario practise. Includes first aid treatment reference for the following emergencies: Allergic Reactions (incl. anaphylaxis), Asthma, Bruises, Burns, Chemical Burns, Choking (adult, child, infant), CPR (adult, child, infant), Cuts, Dental Injuries, Diabetic Problems, Dislocations and Fractures, Electrical Injuries, Eye Injuries, First Aid Kit Assembly, Fish Spine Injury, Frostbite, Heat Exhaustion, Heatstroke, Heart Attack, Hypothermia, Insect Stings, Jellyfish Stings, Octopus Bites, Poisoning, Scrapes, Seizures, Snake Bites, Spider Bites, Sprains and Strains, Stroke, Temperature Related Injuries and Venomous Bites and Stings.



Need to know

- + This course is HSE & PADI/EFR compliant
- + Delegates receive our FREE Primary and Secondary Care Manual
- + Each candidate will receive an EFR Primary and Secondary Care eCard and Certificate valid for 3 years
- + Accreditation is with Emergency First Response

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"I am a PADI Advanced Open Water Diver and Children's Football Coach and this course was needed for me to progress. I found the trainer engaging, honest, full of knowledge and real like practical assistance throughout, thank you".

- **Anthony Adams**

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EFR CPR & AED

Three hour course



PADI / EFR & HSE Compliant

The Emergency First Response CPR & AED course teaches the basic principles of CPR and how to deploy and use an Automated External Defibrillation (AED) in an emergency situation.



Suitable for

This course is suited for anyone.

This life saving device can increase a patient's chance of survival from a cardiac arrest by fifty+ percent. This course is very popular for annual CPR Refresher training often required for the workplace.

The online section of this course must be completed before attending the face-to-face training.



What's covered

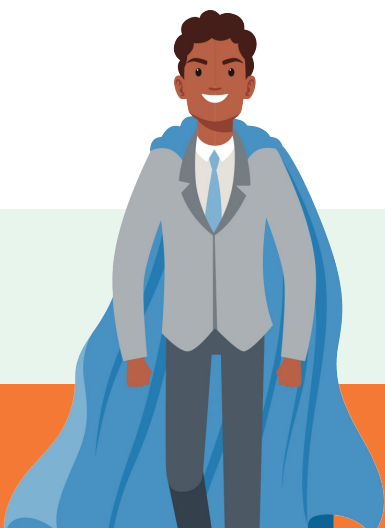
- + Emergency Actions
- + The Primary Survey
- + Child, Baby and Adult CPR
- + Child, Baby and Adult Choking
- + How to use a Defibrillator (AED)



Need to know

- + This course is HSE & PADI/EFR compliant
- + Each candidate will receive an EFR CPR and AED eCard and Certificate valid for 3 years
- + Accreditation is with Emergency First Response

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"Quick and easy course to follow online and easy to find their training centre".

- **Mark Richards / Scuba Diver**

★ Trustpilot



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ANNUAL FIRST AID SKILLS UPDATE

Three hour course



Health & Safety compliant

You are already qualified, having completed a course, once, twice or three times a..... Let's now keep your skills and confidence up to date and ready to go! Those that do not "update" will start to lose their ability to act swiftly or lose their ability to treat confidently or correctly. The HSE STRONGLY recommends that everyone completes a skills/annual refresher to keep their qualification and skills up to date, ready to fight another day.



Suitable for

This is ideal for anyone with any first aid qualification listed in this brochure and especially those that have attended a HSE compliant course.



What's covered

- + Emergency Actions
- + The Primary Survey
- + Child, Baby and Adult CPR
- + Child, Baby and Adult Choking
- + How to use a Defibrillator (AED)
- + Bleeding, Burns and Shock
- + Recovery Position
- + Latest updates and changes



Need to know


- + This HSE compliant course is suitable for anyone with a current first aid certificate. This course will not requalify the candidate but reignite their skills and passion to save lives with confidence
- + Once your original certification is due to expire you will need to re-qualify by attending a full course again

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"I am so happy I attended this refresher in September 2020 as some of the guidelines for Burns and Bleeding had changed. I wouldn't have known otherwise".

Emma Harvey / Pre School Manager

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FIRST AID LEADER COURSE

One day course



School Curriculum Compliant (England)

From September 2020 all primary and secondary schools in England must teach first aid skills to their pupils as part of the school curriculum. Now is the perfect time to enrol your key staff on this 1 day (6 hour) First Aid Leader in Schools course. This course will initially qualify your staff in Primary and Secondary First Aid including CPR and Defibrillator (AED) use, and then arm your staff with the confidence, lesson plans and knowledge needed to teach your pupils first aid.



Suitable for

This course is perfect for:

- + School Teachers
- + Teaching Assistants
- + Support staff

This course is suitable for anyone needing to teach pupils in line with the latest government guidelines to teaching first aid in schools as part of the curriculum.



What's covered

Through a multi-media approach of independent study, first aid training, resources and classroom practical leading sessions, your staff will learn to conduct first aid training covering the school curriculum guidelines.

- + Part 1 - Self study/online learning – 3 hours (completed before attending the face-to-face training course).
- + Part 2 - EFR Primary and Secondary Care plus CPR & AED qualification – 3 hours
- + Part 3 - Practical leading sessions – 3 hours



Need to know

- + School Curriculum Compliant (England)
- + Each candidate will acquire a First Aid qualification in EFR Primary and Secondary Care + AED and First Aid Leader in Schools qualification
- + The First Aid Leader in Schools qualification shall remain valid whilst the candidate's first aid qualification remains valid
- + Progress to a fully qualified First Aid Instructor

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At the beginning I have just completed my first aid leader in schools which has given me the confidence and skills to teach the new first aid syllabus in schools to the children! Thank you guys".

Martin Barry

 Trustpilot

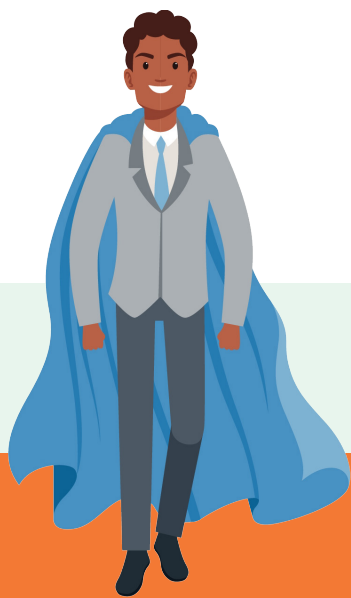


Contact us today for further information and check our availability

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EFR FIRST AID INSTRUCTOR

Two day course



HSE / PADI / EFR Compliant

If you are wishing to become a First Aid Instructor under the umbrella of an awarding body, "Emergency First Response (EFR)" then this is the course for you. By the end of this course you will have the first aid skills and Instructor skills needed to teach Primary Care, Secondary Care, Care for Children (Paediatric First Aid) and CPR & AED courses.



Suitable for

This fully accredited course is perfect for anyone wishing to fast track to EFR First Aid Instructor Status including:

- + School Teachers / Support Staff needing to teach pupils in line with the latest government updates to teaching first aid in schools as part of the 2020 curriculum (also look at First Aid Leader in Schools)
- + PADI/BSAC Professional Divers
- + Early Years establishments wishing to train their own staff
- + Anyone with an interest in teaching First Aid

This two day course shall involve:

- + Prior reading of the EFR Instructor Guide (3 hours)
- + Completing an Online section in Emergency First Aid (3 hours)
- + First Aid with prior learning then the two day face to face course which includes the EFR Primary (CPR) and Secondary Care (First Aid) course and EFR First Aid Instructor course, both sharpening your first aid skills and arming you with the base knowledge needed to teach first aid.



What's covered

Through a multi-media approach of independent study, classroom sessions and practical teaching assignments, you learn to conduct Emergency First Response courses.

You will:

- + Learn how to structure and organise EFR courses
- + Learn how to create a positive learning environment
- + Learn how to successfully promote and market your courses
- + Practice Presenting course content
- + Practice Encouraging self-discovery in students
- + Practice Evaluating student understanding and skill mastery during hands-on skills practice
- + Practice Managing effective scenario-based learning experiences




Need to know

- + Zero to Superhero! You can enrol on this course with no prior first aid experience and by the 2nd day qualify as an EFR Instructor
- + The prior reading and online section of this course must be completed before attending the face-to-face training.
- + You will need to complete the "EFR First Aid at Work Instructor" course if you wish to deliver first aid in the workplace courses.

Your
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Our
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"Zero to Superhero – that's me! Well, I wouldn't call myself a superhero but I am excited and nervous about working with Emagination Training and looking forward to passing on my knowledge to others".

Kevin Angel – Newly qualified EFR Instructor 2020

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Contact us today for further information and check our availability

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ONLINE LEARNING COURSES

FOR ALL YOUR NEEDS

Emagination Training offers a wide range of educational courses suitable for individuals and groups.

Safeguarding Courses

- + Safeguarding Children Level 1
- + Safeguarding Children Level 2
- + Safeguarding Children Level 3 Designated Lead
- + Safeguarding Vulnerable Adults Level 2
- + Safeguarding Vulnerable Adults Level 3

Health and Safety Courses

- + Food Safety in Hygiene and Catering Level 2
- + Fire Safety Awareness
- + Fire Warden Level 3
- + Safe Moving and Handling Level 2
- + Health and Safety at Work Level 2

First Aid Courses

- + First Aid in the Workplace Level 3
- + Paediatric First Aid Level 3
- + EFR Primary and Secondary Care
- + Defibrillator Awareness Level 2
- + Anaphylaxis Awareness Level 2

We will provide you with the highest quality training available.

"I have been working with Emagination Training for the past 6 years. They deliver our training to our Police Officers and Police Cadets. Their training is interactive, fit for purpose and up to date. The team are always on hand to assist with enquiries."

Graeme Ironside MSc, Safeguarding Manager National Volunteer Police Cadets

